

Tips and Tricks to Ace the Test

Use this checklist to help you prepare for your upcoming assessment. Mark each box as you complete each task.

Get Ready for the Test:

- Prepare your bag or workstation the night before with everything you'll need
- Go to bed early all week so you're well rested
- Wake up early so your brain has time to warm up
- Do some stretches to help relax your body
- Eat a balanced breakfast and drink plenty of water



Remember to stay positive and try your best when taking a test! And don't forget about these helpful question strategies.

