

Tips and Tricks to Ace the Test

Use this checklist to help you prepare for your upcoming assessment. Mark each box as you complete each task.

Get Ready for the Test:

- Prepare your bag or workstation with supplies you'll need in advance so it's ready for the morning
- Get lots of sleep all week – not just the night before
- Wake up early so your brain has time to warm up
- Do some light stretching to help relax your body
- Eat a good breakfast and drink water



Remember to stay positive and try your best when taking a test! And don't forget about these helpful question strategies.

Test-Taking Strategies:

- Read all directions and titles
- Read the entire question, then reread it
- Determine what is being asked
- Identify key clue words such as: *like, not, except*
- Eliminate choices you know are incorrect
- Select the best answer
- Work through the questions you know first
- Pace yourself, but don't rush
- Go back and check your work when you are done
- Only change answers if you know they are wrong

“Success is the sum of small efforts, repeated day in and day out.”

– Robert Collier