



# BASE Education + ASCA Standards Crosswalk

This crosswalk shows how BASE Education aligns to the [American School Counselor Association \(ASCA\) Mindsets and Behaviors for Student Success Standards](#). Use this guide to align BASE Education courses to the knowledge, attitudes and skills students need to achieve academic success, college and career readiness and social/emotional development.

Category 1: Mindset Standards		
Standards		Supporting BASE Course(s)
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional, and physical well-being	<input checked="" type="checkbox"/>	Covered throughout all grades, including Vision of Self, Mindfulness, Self-Regulation, Self-Esteem, and Who Am I
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	<input checked="" type="checkbox"/>	Covered throughout all grades, including Healthy Communication, Healthy Relationships, Peer Pressure, Empathy, and Diversity
M 3. Positive attitude toward work and learning	<input checked="" type="checkbox"/>	Covered throughout all grades, including Growth Mindset, Gratitude, Responsibility, and Setting Goals
M 4. Self-confidence in ability to succeed	<input checked="" type="checkbox"/>	Covered throughout all grades, including Responsibility, Setting Goals, Character Traits, Motivation, and Future Goals
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	<input checked="" type="checkbox"/>	Covered throughout all grades, including Future Goals, Setting Goals, Motivation, Character Traits, Growth Mindset, and Refocus
M 6. Understanding that postsecondary education and life-long learning are necessary for long-term success	<input checked="" type="checkbox"/>	Lifelong learning is covered in topics including Future Goals, Setting Goals, and Growth Mindset

Category 2: Behavior Standards		
Learning Strategies		Supporting BASE Course(s)
B-LS 1. Critical-thinking skills to make informed decisions	<input checked="" type="checkbox"/>	Responsible Decision Making, Impulsive Behavior, Irrational Thinking, Future Goals, All or Nothing Thinking, Adjusting to Today's New Normal, Drugs and the Mind
B-LS 2. Creative approach to learning, tasks and problem solving	<input checked="" type="checkbox"/>	Growth Mindset, Responsible Decision Making, Mindfulness, Equity
B-LS 3. Time-management, organizational and study skills	<input type="checkbox"/>	On the road map for future development
B-LS 4. Self-motivation and self-direction for learning	<input checked="" type="checkbox"/>	Motivation, Self-Esteem
B-LS 5. Media and technology skills to enhance learning	<input checked="" type="checkbox"/>	Digital Safety, Digital Citizenship
B-LS 6. High-quality standards for tasks and activities	<input checked="" type="checkbox"/>	Digital Citizenship, Future Goals, Character Traits
B-LS 7. Long- and short-term academic, career and social/emotional goals	<input checked="" type="checkbox"/>	Setting Goals, Future Goals
B-LS 8. Engagement in challenging coursework	<input checked="" type="checkbox"/>	Motivation, Stress Management
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives, and recognizing personal bias	<input checked="" type="checkbox"/>	Impulsive Decision Making, Empathy, Healthy Communication
B-LS 10. Participation in enrichment and extracurricular activities	<input type="checkbox"/>	Implemented as part of a whole school implementation, not specific to the curriculum

Self-Management Skills	Supporting BASE Course(s)
B-SMS 1. Responsibility for self and actions	<input checked="" type="checkbox"/> Primary and Secondary Impacts of Behavior, Cultural Implications of Family, Restorative Practice, Drugs and the Body, Learning to Say "No thanks," Strategies for a Successful Return to School
B-SMS 2. Self-discipline and self-control	<input checked="" type="checkbox"/> Self-Regulation, Refocus, Irrational Thinking, Impulsive Decision Making, Mindfulness
B-SMS 3. Independent work	<input checked="" type="checkbox"/> Motivation
B-SMS 4. Delayed gratification for long-term rewards (Impulsive Decision-Making Course)	<input checked="" type="checkbox"/> Impulsive Decision Making
B-SMS 5. Perseverance to achieve long and short-term goals	<input checked="" type="checkbox"/> Future Goals, Vision of Self
B-SMS 6. Ability to identify and overcome barriers	<input checked="" type="checkbox"/> Resilience
B-SMS 7. Effective coping skills	<input checked="" type="checkbox"/> Coping Strategies
B-SMS 8. Balance of school, home, and community activities	<input checked="" type="checkbox"/> Families
B-SMS 9. Personal safety skills	<input checked="" type="checkbox"/> Peer Pressure, Bullying, Teasing, Anger
B-SMS 10. Ability to manage transitions and adapt to change	<input checked="" type="checkbox"/> Life Changes and Adjustments, Strategies for Successful Return to School

Social Skills	Supporting BASE Course(s)
B-SS 1. Effective oral and written communication skills and listening skills	<input checked="" type="checkbox"/> Healthy Communication
B-SS 2. Positive, respectful, and supportive relationships with students who are similar to and different from them	<input checked="" type="checkbox"/> Empathy, Diversity
B-SS 3. Positive relationships with adults to support success	<input checked="" type="checkbox"/> Communicating with Adults, Healthy Relationships
B-SS 4. Empathy	<input checked="" type="checkbox"/> Empathy
B-SS 5. Ethical decision-making and social responsibility	<input checked="" type="checkbox"/> Responsibility
B-SS 6. Effective collaboration and cooperation skills	<input checked="" type="checkbox"/> Healthy Communication
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups	<input checked="" type="checkbox"/> Diversity, Families, Respect
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary	<input checked="" type="checkbox"/> Vision of Self, Self Esteem
B-SS 9. Social maturity and behaviors appropriate to the situation and environment	<input checked="" type="checkbox"/> Primary and Secondary Impacts of Behavior
B-SS 10. Cultural awareness, sensitivity, and responsiveness	<input checked="" type="checkbox"/> Cultural Implications within Family and Learned Behavior