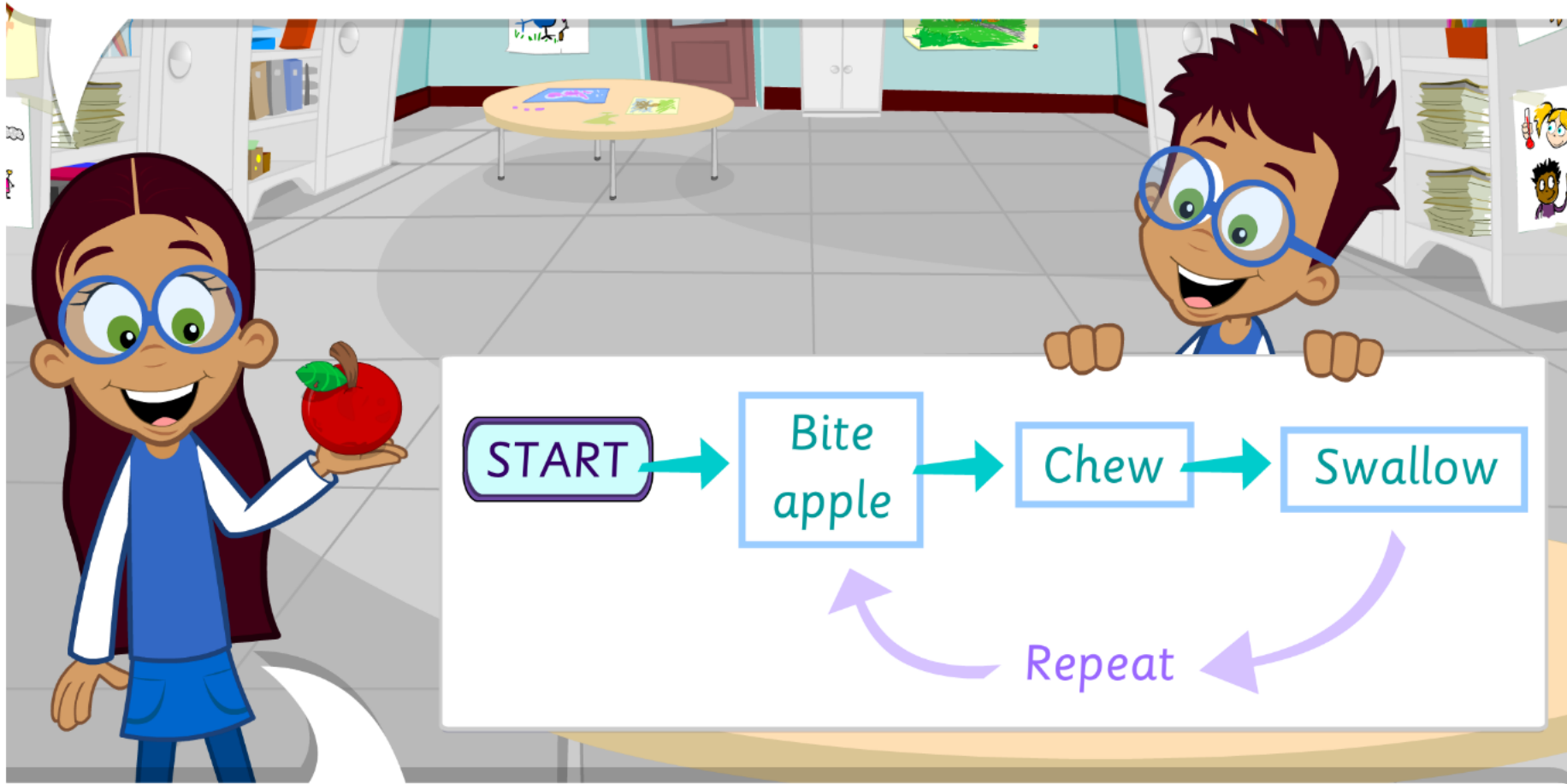


In computer programs, **repetition** is the process of repeating or looping so that the process does the same thing over and over again.



I use repetition when I eat an apple. **Can you think of ways you use repetition in everyday life?**

When you walk, you take a step with one foot and then a step with the other, and then repeat.

Programs use repetition as well. This program prints the sentence, "Good Morning!" then waits 5 seconds and prints it again. It repeats 4 times.



Do you use repetition in math? How?