

# Tips and Tricks to Ace the Test

Use this checklist to help you prepare for your upcoming assessment. Mark each box as you complete each task.

## Get Ready for the Test:

- Pack your bag the night before with everything you'll need
- Go to bed early all week so you're well rested
- Wake up early so your brain has time to warm up
- Do some stretches to help relax your body
- Eat a balanced breakfast and drink plenty of water



Remember to stay positive and try your best when taking a test! And don't forget about these helpful question strategies.

